



Social Participation of Older Persons in Indonesia And The Role of Age Concern Programs

Tri Budi W. Rahardjo, Lindawati Kusdhany, Dinni Agustin ,
Puspo Adiyuwono and Vita Priantinadewi

Centre For Ageing Studies University of Indonesia
ASCA 2014, Singapore 27 March 2014
Marina Mandarin Hotel, Singapore

Introduction

- Most of older persons in Indonesia (80 %) are still active in various fields, in which social activities are the most .
- There are many Older People Associations and Community Integrated Posts for older persons, where health check up , physical activities and routine gathering are conducted routinely.

Introduction/cont

- However, their knowledge about active ageing and the program of are still limited .
- To improve the quality of active ageing programs, we propose Age Concern Program , utilizing research findings.

Purpose

Age concern program has a main purpose to provide meeting place to share with each other, and doing wellness activities , as well as to achieve health, wellbeing and independence of older persons through information, education and communication (IEC) services.

Method

- There were many research findings, including thesis and dissertation, that could be utilized as references to produce policies, modules, and IEC materials .
- Some of those findings have been published with Prof.Eef Hogervorst in the form of articles for publication, and being transformed to be IEC materials.

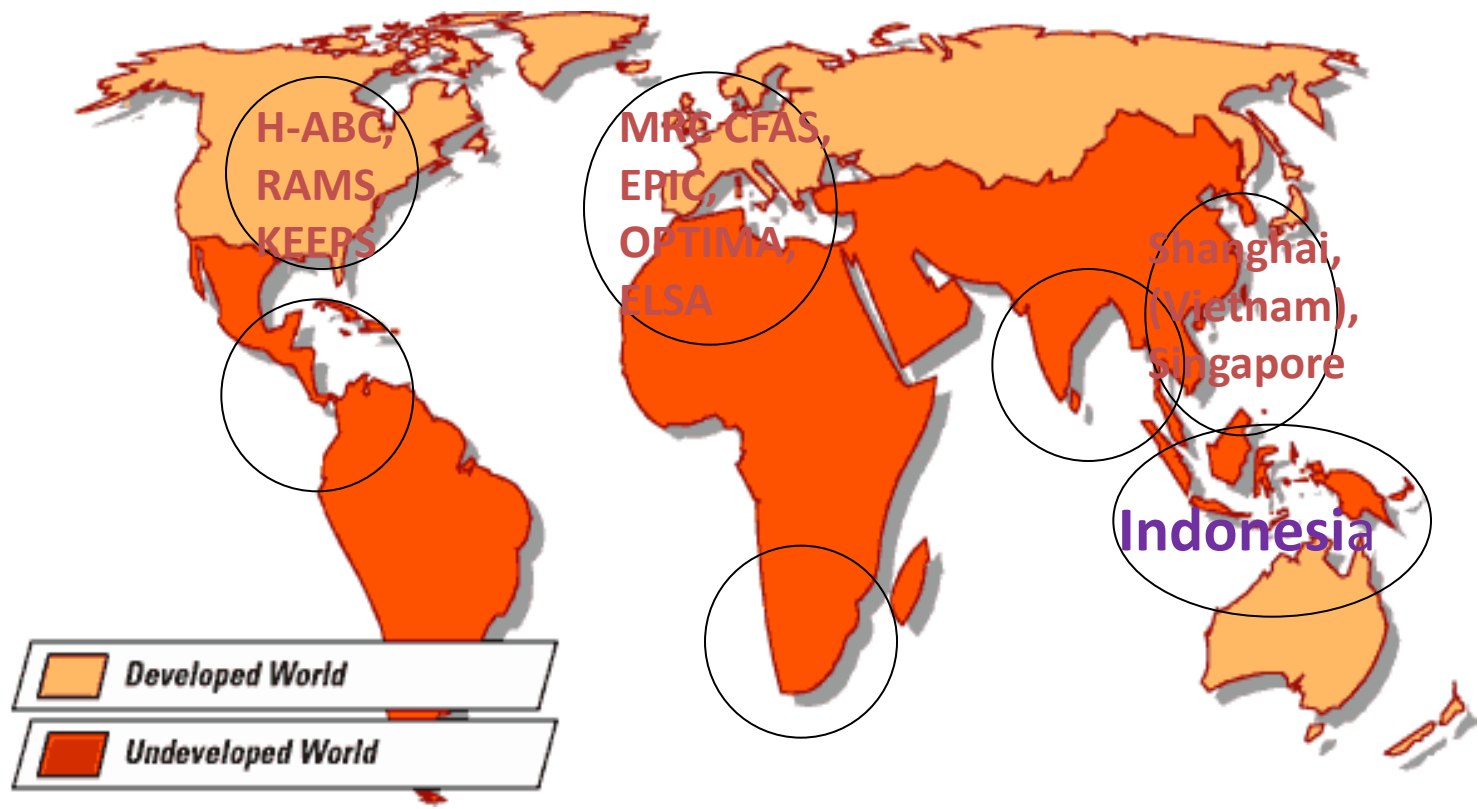
Method cont/

- Those materials are disseminated through mini library both physical and using IT system, and in the near future it will be using online system through out Indonesia
- The target would be all ages who concern on ageing issues, particularly older persons who would maintain their health and wellbeing to achieve active ageing.

Results

- The establishment of Age Concern Program to promote healthy and productive aging has been promoted through seminars, leaflets, and WEB.
- The results showed that this program has been accepted by the community and the ministries, particularly Ministry of Health, Health and Ministry of Social Affair .
- Hence, there is improvement of knowledge and attitude on well being after intervention.

SSEHS: Human Sciences (Biology, Psychology, Ergonomics/Design)
investigates modifiable factors (nutrition/exercise/environment)
related to health
using a life long approach (from prenatal to old)



The Social Participations of Older Persons

- Improving their knowledge through IEC materials produced by Age Concern Program
- Empowering the community in small business using IEC materials from Age Concern Program
- Educate the community in health behaviour using IEC materials from Age Concern Program through TV Program
- Educate high school students in maintaining value using IEC materials from Age Concern Program
- Etc



UNIVERSITAS
INDONESIA

Veritas, Probitas, Iustitia
EST. 1849

Centre for Ageing Studies University of Indonesia



Age Concern Program at Centre for Ageing Studies (CAS) UI



Conclusion

Age Concern Program is relatively strategic to promote social participation and to improve the awareness in maintain health and wellbeing, to stay active and productive.

Recommendation

- The strategy to expand IEC materials in supporting Social Participations of Older Persons is still to be improved in collaboration with NCOP and all ministries
- In 2014, we start to collaborate with National Boeard on Population and family Planning to support Family Based Care for Older Persons, and will conduct a try out in three provinces

Acknowledgment

High appreciation to

- Gerontological Society , Singapore NUS
- ACAP president and team
- CASUI team

THANK YOU

Team of Centre for Ageing Studies, Universitas Indonesia (CASUI) with Minister of Health

