

PROFESSIONAL SERVICES SEMINAR: AGEING WITHOUT DEMENTIA

9th April 2018 | 2:00PM – 5:00PM | GERI Seminar Room, Level 1, Tower E, Yishun Community Hospital

Rapidly increasing numbers of older Singaporeans face the real-life prospect of possibly developing dementia as they age. Although there is no good prospects of an imminent cure for Alzheimer disease, recent research on lifestyle, behavioral and psychosocial factors are producing positive results that make community-based multi-domain lifestyle and psychosocial interventions extremely viable for preventing dementia. We now understand very well the multiple risk and protective factors that predict the risks of developing Mild Cognitive Impairment (MCI), the precursor of dementia among older Singaporeans, and the likelihood of MCI progressing to dementia or reversing to normal cognition from research conducted in the Singapore Longitudinal Ageing Study (SLAS). SLAS is the largest and longest running cohort study of ageing and health among 6,000 older Singaporeans, with 3 to 5 yearly follow ups since 2003.

Key Learning Points:

- Summary highlights of up-to-date research findings from the SLAS research
- A simple easily administered screening tool for predicting future 5-year risk of developing MCI-dementia
- National Innovation Challenge project on Early Detection and Multi-domain Interventions for Dementia Prevention

Target audiences:

Community and health services providers, social enterprises, academics, researchers, industry, government policy and service planners.

Registration Fee: Free of charge

Email ong.shermaine.tt@geri.com.sg to register!

Program Agenda:

Ageing Without Dementia: Findings from the 12-year Singapore Longitudinal Ageing Study



Prof. Ng Tze Pin

Lead Principal Investigator of the Singapore Longitudinal Ageing Study

Research Director, Department of Psychological Medicine, National University of Singapore

Adjunct Faculty, Geriatric Education and Research Institute

National Innovation Challenge Project on Early Detection and Multi-domain Intervention for Dementia



Dr. Wee Shiou Liang

Research Program Director, Geriatric Education and Research Institute

Associate Professor, Health and Social Sciences, Singapore Institute of Technology

Discussion Forum: Moving Forward on Dementia Prevention in Singapore

Organizer:  Geriatric Education & Research Institute

Collaborators:



Department of Psychological Medicine
Yong Loo Lin School of Medicine

